

Personality Theories - SFSU - LeRoux - Fall, 2002
Study Guide for Test 1

Freud

Conscious - Unconscious - Preconscious

Id - Ego - Superego

polymorph perverse

cathexis

libido

primary processes - secondary processes

pleasure principle - reality principle - morality principle

oral, anal, phallic, latency & genital stages

over determination

Return of the repressed

Dreams protect sleep - wish-fulfillment, release of tension,
dream work

Defense Mechanisms

repression, reaction formation, projection, displacement, sublimation, identification,
regression, mental undoing, rationalizing

Erikson

ego analyst - creativity of the ego

8 stages

oral-sensory: trust vs mistrust

muscular-anal: autonomy vs shame & doubt

locomotor-genital: initiative vs guilt

latency: industry vs inferiority

Puberty and Adolescence: identity vs role confusion

Young Adulthood: intimacy vs isolation

Adulthood: generativity vs stagnation

Maturity: ego integrity vs despair

Bowlby

Ethology

Characteristics of an instinct

Characteristics of a control system

define attachment

starting & stopping mechanism

secure base phenomenon

critical period & why

Ainsworth's 3 major types of attachment behavior and associated behaviors