

PSY 451 - Theories of Personality - SFSU - LeRoux
Fall, 2002

Instructor: Jeff LeRoux
Textbook: Use any textbook with title Theories of Personality
I ordered one by Barbara Engler but it is not mandatory.
Office Hours: M 10-11am & 3-4pm, Th 3-4pm & by Appointment
Office: Psy 301C
Phone: Home (510) 525-9510 **Do not call after 10p.m.**
Email: leroux@sfsu.edu
Website Address: <http://bss.sfsu.edu/leroux>

The purpose of this course is to allow you an opportunity to think about people in a broad way rather than the more narrow and particular way that is usual in psychology classes. To this end, I will talk at you about a number of different theories and theorists both as specific theories and as points of view. You will be required to recognize factual information about the theories and will have opportunity to think about them in some depth while completing the course.

There will be three multiple choice tests plus an optional final paper. The final exam will be similar in format and equally weighted in your grade with the other two tests. The tests will normally account for 100% of your grade. If you write the paper the tests will count for 66% and the paper for 40% of your grade. Writing the paper will never decrease your grade only increase it. The optional paper will consist of your own autobiography plus a five page analysis of your personality from three theoretical points of view. Your autobiography should be written immediately and then later analyzed.

Below is a schedule which is only approximate as I tend to meander somewhat in lecturing. Test dates will remain the same and will cover the material presented since the last test. Reading for each class should be done before the class meets.

Course Schedule

| <u>Date</u> | <u>Theorist</u> | |
|-------------|--|-----------------------------------|
| 9/ 9 | Introduction | |
| 9/16 | Sigmund Freud | |
| 9/23 | Erik Erikson | |
| 9/30 | John Bowlby – Attachment | Handout |
| 10/ 7 | First Midterm and Carl Jung | |
| 10/14 | Carl Jung | |
| 10/21 | Alfred Adler | |
| 10/28 | Henry Murray | |
| 11/ 4 | Gordon Allport | |
| 11/11 | Second Midterm and Abraham Maslow | |
| 11/18 | Carl Rogers | |
| 11/25 | Existentialists (Boss & Binswanger) | Handout |
| 12/ 2 | Buddhists | Handout |
| 12/ 9 | Final Exam | Optional Papers Due by 7pm |